

WELCOME TO PRETZEL KIDS!

WHAT DO YOU GET WITH PRETZEL KIDS?

- Pretzel Kids includes digital training on how to teach Pretzel Kids classes and incorporate 'Breathing Breaks', 'Mindful Minutes', 'Movement Moments', and 'Relaxation Station' into your daily rhythm
- A Monthly Subscription to the Pretzel Kids Teacher Association (PkTA) includes the following teaching tools, curriculum, and resources:



Themed class lesson plans. Grab and go lesson plans help you manage your classes. Examples include: Beach party, winter wonderland, mountain hike, and more!



Videos to use for classroom 'Breathing Breaks', 'Mindful Minutes', 'Movement Moments', and 'Relaxation Station'



Themed printable sets to use in the classroom or as take home activities to reinforce the mindfulness and yoga tools the kids have learned



Ongoing semi-monthly trainings to help you learn more about topics like the importance of mindfulness to the earliest learners, how to teach yoga to children with special needs, and more



THE PKTA ALSO INCLUDES...

- A private educator online group to ask questions, get instant feedback, and access ongoing resources (videos, teaching tools, etc.)
- Marketing templates to explain the value of the Pretzel Kids curriculum for your school/daycare (to give to parents)
- The license to use the Pretzel Kids name, logo, brochures, brand images, approved marketing materials, and more to set yourself apart from the competition
- Optional listing and profile page on the Pretzel Kids website for further visibility, traffic to your website and social media support

BENEFITS TO YOUR SCHOOL

- You can instantly and easily incorporate yoga and mindfulness into your school's daily rhythm using the proven Pretzel Kids brand, curriculum, and program
- You don't have to be a yoga teacher to become a Pretzel Kids certified instructor and licensee
- Parents are looking for programs that offer yoga and mindfulness
- No need to limit yoga classes to once a week (or whenever an outside teacher can be there). You can use the Pretzel Kids curriculum to offer yoga and mindfulness everyday or as often as you'd like!



To learn more, visit PretzelKids.com or contact us at info@pretzelkids.com